

RAMAKRISHNA MISSION SIKSHANAMANDIRA

(An Autonomous Post-Graduate College under the University of Calcutta under section 22 of the UGC Act and duly recognized by the NCTE)

College with Potential for Excellence (CPE)**College of Teacher Education (CTE) & Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies (SVCRES)**

Phone No. – (033) 2654 – 1635/6081/9281 Fax – (033) 2654 - 4412

Email – rkmsmc@gmail.com, rkmsm@rediffmail.com

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Belur Math, Howrah – 711 202, West Bengal.

**OFFICE OF THE CONTROLLER OF EXAMINATIONS**

No. CE-35/EXP/PGDYE/19-20

Notification**1st Semester Examination Programme for Post Graduate Diploma in Yoga Education 2019-20**

Date		Course Code	Subjects	Time
22.12.19 (Sunday)	--Theory--	PGDYE 101	Historical Development and Tradition of Yoga	12 Noon – 3 PM
28.12.19 (Saturday)		PGDYE 102	Yoga and Mental Health	2 PM – 5 PM
05.01.20 (Sunday)	Practicum	PGDYE 104	Practicum on Asanas, Pranayamas, Bandhas and their techniques	10.30 AM onwards
18.01.20 (Saturday)	Theory	PGDYE 103	Culture, Synthesis and Value Education	2 PM – 5 PM

03.12.2019

Sd/-

(Swami Nirishananda)

Controller of Examinations*Copy to*

1. Rev. Principal Maharaj	6. College Notice Board
2. College Office	7. Hostel Superintendent
3. Exam. Centre In-Charge	8. Hostel Notice Board
4. Course Coordinator/Convenor	9. Website
5. Faculty Notice Board	10. Scrap/Guard File

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No. CE-35/EXP/PGDYE/19-20

Notification**1st & 2nd Semester Supplementary Examination Programme for Post Graduate Diploma in Yoga Education 2017-18 & 2018-19**

Date	Semester Supplementary		Course Code	Subjects	Time
21.12.19 (Saturday)	2 nd (2017-18 & 2018-19)	-----Theory-----	PGDYE 105	Anatomy and Physiology of Yogic Practices	2 PM – 5 PM
22.12.19 (Sunday)	1 st (2018-19)		PGDYE 101	Historical Development and Tradition of Yoga	12 Noon – 3 PM
28.12.19 (Saturday)	1 st (2018-19)		PGDYE 102	Yoga and Mental Health	2 PM – 5 PM
04.01.20 (Saturday)	2 nd (2018-19)		PGDYE 106	Yoga Therapy	2 PM – 4 PM
05.01.20 (Sunday)	1 st (2018-19)	--Practicum--	PGDYE 104	Practicum on Asanas, Pranayamas, Bandahas and their techniques	10.30 AM onwards
	2 nd (2018-19)		PGDYE 108	Practicum on Mudras, Kriyas, Recitations and Meditations	
			PGDYE 109	Project on Yoga Education	
			PGDYE 110	Internship	
11.01.20 (Saturday)	2 nd (2018-19)	Theory	PGDYE 107	Teaching Method of Yogic Practice	2 PM – 4 PM
18.01.20 (Saturday)	1 st (2018-19)		PGDYE 103	Culture Synthesis and Value Education	2 PM – 5 PM

Sd/-

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